

EQUINOX SPORTS CLUB

HOUSE RULES

As an Equinox Sports Club member, we ask that you read and abide by these simple house rules. They'll help make an exceptional experience for everyone.



SHARING IS CARING

Our equipment and studios are for all members to enjoy. When you're using equipment, please allow others to work in, and please arrive early to class to secure your space.

CLEAN HOUSE

Our Group Fitness studios, club lounges, and Locker Room benches are kept uncluttered for ease of use. We ask that your belongings be kept in a locker or at our seasonal coat check. For security, we'll gather up any unattended items.

CELL THERAPY

We ask you to be smart about your smartphone. Please keep devices away from wet areas, and refrain from cell phone use in the Locker Rooms and calls on the fitness floors. If you need to make a call, we'd appreciate it if you could find a quiet space and be mindful of your noise level.

LET'S DO LUNCH

As a member you're welcome to share a meal with a guest at our cafés and restaurants. We ask that you RSVP your guest ahead of time, greet them at the Front Desk, and remain in each other's company.

CAFÉ CULTURE

While we know how tempting it
can be, our cafés and restaurants
shouldn't double as nap zones.
Thank you for being mindful of your
space, and for keeping your feet on the
ground, not the furniture.

BEST FOOT FORWARD

Athletic shoes are required on our courts and fitness floors. Feel free to go barefoot in our Locker Rooms, Group Fitness studios, and outdoor spaces.

SHOWER POWER

Cleanliness is a virtue—shower
before you enjoy the Pool or
other wet areas.

WASTE
NOT, WANT
NOT

Water is life. We can all pitch in and help support the planet by being mindful of towel usage and shower time.

FEEEL THE HEAT

Our Steam Rooms and Saunas are sanctums. We do our grooming elsewhere, and keep these spaces free of food, training shoes and workout clothes.

ALL IN THE FAMILY

We love family—but we're a club for grown-ups. Unless we're holding a special event, we would ask that children spend their visit at our dedicated kids space.* During special events, children should be accompanied by an adult at all times.

*With the exception of Equinox Sports Club San Francisco.

YOUR DAY IN COURT

Play hard, but play nice.
Please treat your fellow members
with respect, on and off the
athletic courts.

WE'RE IN THIS TOGETHER

When we look out for the club and one another, everyone wins. We appreciate your efforts to follow these house rules and cooperate with your club team. If you have any questions or concerns, your club team is happy to address them.

EQUINOX
SPORTS CLUB

BOSTON DC LOS ANGELES NEW YORK ORANGE COUNTY SAN FRANCISCO